



EMBODIED LABS IMPACT

71%

INCREASE IN CONFIDENCE
PROVIDING CARE FOR
INDIVIDUALS WITH DEMENTIA

95%

REPORTED A BETTER
UNDERSTANDING OF
LGBTQ CARE

75%

FELT BETTER EQUIPPED TO
MANAGE STRESSFUL CARE
SCENARIOS

Vanderbilt University expands Embodied Labs training across innovative nursing programs

The Vanderbilt Center for Gerontological Nursing Excellence recently utilized Embodied Labs' VR platform as part of their curriculum for pre-licensure nursing students and nurse practitioner students in three programs: adult-gerontology acute care, adult-gerontology primary care, and family.

Vanderbilt University School of Nursing's primary training focus was to provide first-person experiences that simulate the perspective of a patient experiencing dementia and other age-related health conditions.

The program had over 1800 interactions with the Embodied Labs' training experiences through VR or web-based simulations and has since expanded to nursing home training and other areas.

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These labs are profoundly impactful on how students interact in the care of their patients and how they are able to better support the caregivers of their patients.

-Karah Lewallen, Assistant Professor and Program Co-Director

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ALZHEIMERS' "BEATRIZ" LAB TRAINING

APRN Program Shows Improved Workforce Preparation for Alzheimers' Care

After considering developing their own VR experience, Vanderbilt's Advanced Practice Registered Nursing (APRN) program identified Embodied Labs as an optimal solution.

The curriculum included completion of the Alzheimers Lab followed by an in-classroom discussion or a reflective writing component. Both professors and students reported increased confidence in providing care for aging adults with Alzheimers' and a stronger interest in gerontological care.



*First-person simulations in the
Alzheimers' Lab*

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Reading the student reflections after these labs has shown how profoundly impactful completing these labs has been for them.

-Karah Lewallen, Assistant Professor and Program Co-Director

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Learning moment from the LGBTQ Lab



LGBTQ "EDEN" LAB TRAINING



Master of Nursing Students Gain Insight Into Providing Gender-Affirming Care

After experiencing the LGBTQ or "Eden Lab", students discussed the value of experiencing Trans health from the perspective of an older adult. They reported feeling better equipped to confidently handle LGBTQ care and advocate for their patient's health.

Following this training, the program was expanded beyond the school to local senior living communities.



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